

### Guidelines for undertaking the 'e-Witch Apprentice Course'

- 1. Order of modules:** It is important to do the e-Witch course modules in the correct order (modules, 1, 2, 3 and so on). The modules are designed to gradually and systematically build up magical knowledge and practical experiences. The very act of doing the modules will deepen your personal magic and change your inner realms (psyche). This works on the principle that true experiential knowledge – once we are exposed to it and learn it- can not be un-learnt, and that even if we find parts of it hard or challenging, our subconscious mind grasps concepts and will act on it. Trust this process. Another reason for doing the modules in their intended order (1, 2, 3..) is that they build up skills and magical techniques that have been designed with magical & psychological safety in mind. Likewise, it is also important to follow the exercises and tasks in the correct order – within each module! (unless it states that you can do one or more tasks in no order, or parallel to one another).
- 2. Duration:** Each module is designed to be undertaken over a period of 3-4 weeks on average. Please do not rush them. Learning can not be achieved in a hurry. These courses are building up 'real' magical and psychic experiences, which in turn are expected to evolve and change you into a confident, self-sustaining, self-reliant Magical Practitioner. You also need to allow natural time to pass for energies to permeate and enrich you with experiences. That in itself will prepare you to undertake subsequent modules and further steps in your development.
- 3. Tutor connections & Feed-back:** This is an 'apprentice' style course! Our Tutors will make their best effort to get to know the students as individuals, and start to guide them in a manner unique to each student (as much as is possible in such an internet-based course). To gain maximum help and support for your development, at least a partial if not full familiarity between Tutor and student is required. We hope the student(s) will aid this process by giving full and genuine reporting on tasks, assignments & exercises they have completed. Tutors' assessments, feed-back and suggested further developments for a specific student will entirely depend on the reporting that student offers.
- 4. Confidentiality:** When dealing with magical development, intuition, transpersonal matters and such, it is expected that deeply personal issues, concerns and memories may surface – either directly in the conscious mind, partially as symbolism in meditative or ritual works or subconsciously as dream imagery. Repressed thoughts, impulses and feelings may also surface. Hence we have included and integrated many transpersonal elements to this course in stages. We truly hope that students undertaking this course will be comfortable and trusting enough to share these thoughts and feelings that surface, so that the tutors can offer suitable understanding, empathy and support. Tutors are trained in Counselling skills, and so will do this in a non-judgemental manner. All matters will be treated in full confidence, and we will not reveal them to any 3<sup>rd</sup> party. We will treat all such interactions in the way a Counsellor treats a Client's matters.
- 5. Practical work:** This course is called 'e-witch course' purely because of the medium through which it is delivered (ie. internet). For all intents and purposes, Students are expected to and must undertake 'real' practical works and exercises, to gain maximum benefit from the course. This involves going outside into woodlands/parks and gaining natural experiences, making tools, doing research to find out about certain topics, sitting down to do certain exercises that involve deep thinking and writing, and most importantly, recording your regular progress and insights in your personal diary / note book (Book of Shadows). A further vital step is summarising your insights in brief e-mails to the tutors.
- 6. Right or wrong:** There are no right or wrong answers to any of the assignments, tasks or exercises. All tasks are created and offered within the modules – to help you develop your own experiences, insights, knowledge and psychic competence. When reporting feed-back to tutors, please do not attempt to 'give the right answer' , or an expected response, or one that you may have come across or read in a book or elsewhere. Try to give your own answers. Remember that being a Witch is about learning to trust your own magic and intuitive abilities!

7. **Go out and about in the real world!** In between modules, it's wiser to take a few days to go out and about – catch up with family & friends (especially if you have non-pagan friends!). That keeps you balanced and grounded in everyday reality. It avoids the dangers of some students getting caught up in their 'magical imagery' and live in a sort of 'escapism' world of their own making. A true Magician or a Witch must at all times be in touch with the world around him or her. Avoid obsessive involvement in magical or esoteric things- no matter how much the appeal- and strive to keep balance. Also avoid 'living too much in your head'! If the tutors detect this sort of behaviour in your developments, they will politely but firmly point these out to you, as would any responsible Teacher!

8. Here are some things you can do to keep balance:

a) Keep in touch with non-pagan or non-magical friends. When you meet them, talk about everyday things – such as love, relationships, jobs, career aspirations, life plans etc.

b) Attend open pagan rituals and ceremonies, conventions, conferences. Make pagan friends. And keep regular contact with them. And ensure part of your communications/ socials involve doing ordinary things – such as having a drink, watching a movie, going to a party, going to a club/ disco etc.

9. Some words of wisdom:

- **Connected world:** Remember that we do not live alone in the world. All humans are dependant on other humans. (Even those mythical Gurus and Yogis who live on Mount Himalayas depend on others for food, shelter and protection).
- **The responsibility of a Witch** or Shaman is to seek knowledge and experience, better themselves, and then share that knowledge for the improvement of the world. Strive to be a positive influence in the world.
- **Power seeking:** Any power sought for total personal gain and self-gratification must be honestly questioned! Denying that Power is sought for personal gain is being not true to ourselves. Be honest with your self. Just remember that sharing, empowering others, caring and helping rest of humanity (and other lives) is important. Otherwise time will come, when someone will rise to remove your power or you from power-position (Lammas Principle!!)
- **Avoid Gurus and Guru-worship.** Be wary of people who purport to 'know it all' and can help you 'fix everything' in a flash. True power comes from within. Believing another person can fix your life implies they have power and you don't. That may be the starting point, but the purpose of this e-Witch course is to learn and become Self-Empowered!
- **Doing Spells for others:** At least for the duration of this Course (all 9 modules...may take you 9-12 months) do not do any kind of spells or magic for other people- no matter how much they ask or how much you think situation warrants it. That's like a driver-learner offering to drive an injured friend to a hospital 5 miles away on a motorway! Better to seek expert help and avoid further complications in both your lives!!
- **Arguments & debates:** Avoid them. Doing an e-Witch course does not suddenly make you an expert. If anything, getting into defensive or offensive debates can expose your partial learning, leak magical energy, and leave you disillusioned and more disempowered.

(c) Copyright. M.Navasothy.2011